

WELCOME TO THE EARLY CHILDHOOD (ECH) DIVISION OF REC & ED!



FALL 2026 CLASSES At-A-Glance: First Steps Early Childhood



Registration begins **Tues, August 4th at 10am**

Questions about classes? **734-994-4949**

Need Registration Help? **734-994-2300 ext. 0**

Website: www.aarecedonline.com/earlychildhoodclasses

CLASSES FOR CHILDREN BIRTH-5 YEARS

Click on Class ID#s below to see full class descriptions

MONDAYS	Name of Class	Dates	Ages	Class ID#
Mondays 9:30-10:30am	NEW! Stretch, Sway, Play	9/21-11/23	18-36 months & Adult(s)	9724.501
Mondays 10:45am-Noon	Mad Scientists' Creator Playhouse	9/21-11/30	2.5-5 years & Adult(s)	9384.501
Mondays Noon-1:00pm	Curious Wiggle Worms	9/21-12/7	3-12 months & Adult(s)	9702.501
Mondays 5:30-6:15pm (+ 1 Tuesday)	Music Together 5:30	9/14-11/16 (+10/13)	Birth-5 years & Adult(s)	9718.501
Mondays 6:30-7:15pm (+ 1 Tuesday)	Music Together 6:30	9/14-11/16 (+10/13)	Birth-5 years & Adult(s)	9718.502
Monday 6:30-7:30pm	Organized for Calm: Decluttering Your Space and Mind	9/28 ONLY	Adults/Parents	1870.501
Monday 7:00-8:00pm	Digital Balance: Smart Tech Habits for Families	10/26 ONLY	Adults/Parents	1870.502
TUESDAYS	Name of Class	Dates	Ages	Class ID#
Tuesdays 9:30-10:30am	Fun at One 9:30	9/15-12/1	12-24 months & Adult(s)	9335.501
Tuesdays 10:00-10:45am	NEW! First Kicks Outdoor Soccer (2-3.5 yrs)	9/15-10/20 Fall 1	2-3.5 years & Adult(s)	9734.501
Tuesdays 10:00-10:45am	NEW! My Big Messy Art Class	11/10-12/8 Fall 2	2-4 years & Adult(s)	9922.501
Tuesdays 10:45-11:45am	Fun at One 10:45	9/15-12/1	12-24 months & Adult(s)	9335.502

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Tuesdays 11:00-11:45am	NEW! First Kicks Outdoor Soccer (3-5 yrs)	9/15-10/20 Fall 1	3-5 years & and Adult(s)	9734.502
Tuesdays 4:15-5:00pm	Creative Ballet, Youngers Tuesdays	9/15-12/1	3-4 years & an Adult on Site	9123.520
Tuesdays 5:00-5:45pm	Creative Ballet, Olders Tuesdays 5:00	9/15-12/1	4-5 years & an Adult on Site	9123.524
Tuesdays 5:15-6:15pm	Music Makers	9/22-11/17	6 months-3 years & Adult(s)	9786.501
Tuesdays 5:45-6:30pm	Creative Ballet, Olders Tuesdays 5:45	9/15-12/1	4-5 years & an Adult on Site	9123.525
WEDNESDAYS	Name of Class	Dates	Ages	Class ID#
Wednesdays 9:15-10:00am	NEW! Adventures in Dance	9/16-12/2	2-4 years & Adult(s)	9111.501
Wednesdays 10:00-10:45am	Creative Ballet, Youngers Wednesdays	9/16-12/2	3-4 years & an Adult on Site	9123.521
Wednesdays 10:00-11:00am	Time for Twos	9/30-12/9	24-36 months & an Adult(s)	9876.501
Wednesdays 10:30-11:10am	Kidokinetics: Outdoor SportsPlay (2-3 yrs)	9/16-10/21 Fall 1	2-3 years & Adult(s)	9449.501
Wednesdays 11:15-11:55am	Kidokinetics: Outdoor SportsPlay (3-5 yrs)	9/16-10/21 Fall 1	3-5 years & Adult(s)	9449.502
Wednesdays 4:30-5:15pm	I Like to Move It, Move It	9/30-11/18	18 months - 4 years & an Adult	9708.501
THURSDAYS	Name of Class	Dates	Ages	Class ID#
Thursdays 9:15-10:30am	Exploration Zone Thursdays 9:15	9/17-12/3	18 months-5 years & Adult(s)	9333.501
Thursdays 9:30-10:30am	NEW! Curiosity Canopy	9/10-11/12	18 months-8 years & Adult(s)	9750.501
Thursdays	Jump Into Speech 9:30	9/10-10/15	15-30 months & an	9703.501

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9:30-10:30am	(Fall 1)	Fall 1	Adult	
Thursdays 9:30-10:30am	Jump Into Speech 9:30 (Fall 2)	10/29-12/10 Fall 2	15-30 months & an Adult	9703.503
Thursdays 10:45-11:45am	Jump Into Speech 10:45 (Fall 1)	9/10-10/15 Fall 1	15-30 months & an Adult	9703.502
Thursdays 10:45-11:45am	Jump Into Speech 10:45 (Fall 2)	10/29-12/10 Fall 2	15-30 months & an Adult	9703.504
Thursdays 10:45am-Noon	Exploration Zone Thursdays 10:45	9/17-12/3	18 months-5 years & Adult(s)	9333.502
Thursdays 12:15-1:15pm	Jump Into Speech for Babies	9/24-11/12	7-14 months & an Adult	9733.501
Thursdays 4:20-5:00pm	Imagine Dance	9/24-11/19	4-7 years	9944.501
Thursdays 5:00-5:45pm	Express Yourself Dance	9/24-11/19	8-11 years	9944.502
Thursdays 5:30-6:15pm	Creative Ballet, Mixed Age	9/17-11/5	3-5 years & an Adult on site	9123.523
FRIDAYS	Name of Class	Dates	Ages	Class ID#
Fridays 9:15-10:30am	Exploration Zone Fridays 9:15	9/18-12/4	18 months-5 years & Adult(s)	9333.503
Fridays 9:45-10:45am	Movin' and Groovin' in the Gym!	10/2-12/11	15-30 months & Adult(s)	9412.501
Fridays 10:45am-Noon	Exploration Zone Fridays 10:45	9/18-12/4	18 months-5 years & Adult(s)	9333.504
Fridays 5:15-5:45pm	Little Ninjas Karate	9/18-10/30 Fall 1	4-6 years & an Adult on site	3313.501
Fridays 6:00-6:45pm	Kids Power Karate	9/18-10/30 Fall 1	2nd-6th grade & an Adult on site	3313.502
SATURDAYS	Name of Class	Dates	Ages	Class ID#

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Saturdays 9:00-9:45am	Creative Ballet, Youngers Saturdays	9/12-12/5	3-4 years & an Adult on Site	9123.522
Saturdays 9:00-9:45am	Little Bouncy Boppers	10/31-12/5 Fall 2	12-30 months & an Adult	9091.501
Saturdays 9:30-10:00am	Tiny Tots Soccer	10/17-12/5 Fall 2	2-3.5 years & Adult(s)	9267.501
Saturdays 9:45-10:30am	Creative Ballet, Olders Saturdays	9/12-12/5	4-5 years & an Adult on Site	9123.526
Saturday, 10:00am-Noon	NEW! Michigan Wildflowers: Fall Native Seed Collecting	9/19 ONLY	Adult Individuals or Families (with children ages 5+)	2759.501
Saturday, 10:00am-Noon	NEW! Michigan Wildflowers: Fall Native Seed Collecting	10/17 ONLY	Adult Individuals or Families (with children ages 5+)	2759.502
Saturday, 10:00am-Noon	NEW! Michigan Wildflowers: Fall Native Seed Collecting	11/21 ONLY	Adult Individuals or Families (with children ages 5+)	2759.503
Saturdays 10:10-10:50am	Mini Tots Soccer, Youngers	10/17-12/5 Fall 2	3-4.5 years & Adult(s)	9268.501
Saturdays 11:00-11:45am	Mini Tots Soccer, Olders	10/17-12/5 Fall 2	4-5 years & Adult(s)	9269.501
Saturdays 11:00am-Noon	Calm and Connect: Intro to Infant Massage	10/17-11/21 Fall 2	Newborn-6 months & Adult(s)	9090.501
Saturdays 3:30-4:15pm	NEW! Elephant and Piggie and More	9/26-11/21	3-6 years & Adult(s)	9226.501
SUNDAYS	Name of Class	Dates	Ages	Class ID#
Sundays 9:30-10:10am	NEW! Kidokinetics: Target Time (2 yrs)	9/13-10/25 Fall 1	2 years & Adult(s)	9449.503
Sundays 9:30-10:10am	NEW! Kidokinetics: Nothing But Nets (2 yrs)	11/1-12/13 Fall 2	2 years & Adult(s)	9449.506

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Sundays 10:00-11:00am	Sunday Fun Day: Art & Motion	9/20-12/6	2.5-5 years & Adult(s)	9182.501
Sundays 10:15-10:55am	NEW! Kidokinetics: Target Time (3 yrs)	9/13-10/25 Fall 1	3 years & Adult(s)	9449.504
Sundays 10:15-10:55am	NEW! Kidokinetics: Nothing But Nets (3 yrs)	11/1-12/13 Fall 2	3 years & Adult(s)	9449.507
Sundays 11:00-11:40am	NEW! Kidokinetics: Target Time (4-5 yrs)	9/13-10/25 Fall 1	4-5 years & Adult(s)	9449.505
Sundays 11:00-11:40am	NEW! Kidokinetics: Nothing But Nets (4-5 yrs)	11/1-12/13 Fall 2	4-5 years & Adult(s)	9449.508
Sunday, 2:00-4:00pm	NEW! The Power of Not Rescuing Your Child	10/25 ONLY	Adults/Parents	9185.501
Sundays 2:00-2:45pm	Preschool Hoopers 4 yrs	9/20-11/1	4 years & Adult(s)	9586.501
Sundays 3:00-3:45pm	Preschool Hoopers 3 yrs	9/20-11/1	3 years & Adult(s)	9586.502



SAVE THE DATES

Upcoming FREE Family Events:

First Steps Fall Festival
Saturday, October 3rd, 9:30-11:30am
Westerman Preschool & Family Center

First Steps Family Day
Saturday, December 5th, 11:30am-1:00pm
University of Michigan Museum of Art (UMMA)