

Summer 2025

Youth Instructional Sports Classes

Click on Class ID# below to see full class descriptions

Register Today!

YOUTH INSTRUCTIONAL SPORTS

Day/Time	Name of Class	Dates	Ages	Class ID#
Tues & Thurs, 5:00-5:40pm	Olympic Style Weightlifting	5/20-6/5	K-5th	3427.701
Wed, 5:45-6:30pm	Soccer Skills Training @ Abbot	6/18-7/30	K-1st	3409.801
Wed, 6:45-7:45pm	Soccer Skills Training @ Abbot	6/18-7/30	2nd-3rd	3409.802
Fri, 5:15-6:00pm	Open Soccer Training @ Lakewood	6/20-8/1	Y5-1st	3406.801
Fri, 5:15-5:45pm	Little Ninjas Karate	6/20-8/1	4-6 yrs	3313.801
Fri, 6:00-6:45pm	Kids Power Karate	6/20-8/1	2nd-6th	3313.802
Fri, 6:15-7:15pm	Open Soccer Training @ Lakewood	6/20-8/1	2nd-4th	3406.802
Sat, 10:00-10:45am	Little Hoopers @ Abbot	6/21-7/19	Y5-K	3408.801
Sat, 11:00-11:45am	Little Hoopers @ Abbot	6/21-7/19	1st-2nd	3408.802
Sat, 12:00-1:00pm	Small Group Basketball Training @ Abbot	6/21-7/19	3rd-5th	3410.801
Sun, 9:45-10:45am	Intro to Fencing @ Lawton	6/29-7/27	2nd-8th	3801.801
Sun, 10:00-10:45am	Little Hoopers @ Abbot	6/22-7/20	1st-2nd	3408.803
Sun, 11:00-11:45am	Little Hoopers Level 2 @ Abbot	6/22-7/20	1st-2nd	3458.801
Sun, 11:00am-12:00pm	Intro to Fencing @ Lawton	6/29-7/27	2nd-8th	3801.802
Sun, 12:00-1:00pm	NEW! Small Group Basketball Elite @ Abbot	6/22-7/20	3rd-5th	3411.801
Sun, 12:15-1:15pm	Beginning Fencing Level 1 @ Lawton	6/29-7/27	2nd-8th	3901.801
Sun, 1:30-2:30pm	Beginning Fencing Level 1 @ Lawton	6/29-7/27	2nd-8th	3901.802